

WYMONDHAM
COLLEGE



Year 12 Preparation for
A-Level Courses at
Wymondham College



A warm welcome from Lincoln Hall.

I am looking forward to seeing you begin your A-Level journey with us in Lincoln this September.

Wymondham College is a special place, for learning and for friendships and we look forward to our Year 11 students returning to the College as well as those students who have chosen to study A-Levels at the College: whether from the Sapientia Trust or beyond.

We look forward to those students who will be studying in

the UK for the first time and to those students who are new to boarding. We welcome you all!

Below is a guide from Heads of Department sharing with you some of the ways you can best prepare for key stage 5. If you are able to find some time over the summer break to ‘get ahead’, I am sure it will help your confidence when the A-Level courses begin in earnest.

Please remember though, we would want you to make the very most of the many extra-curricular opportunities in the sixth form. Think about

The Lincoln Sixth Form Centre

joining Amnesty or Medsoc or CCF or joining the College Magazine team and taking part in the many Wymondham Life activities on offer. Think about joining all of them.

Mr R Smith
Head of Lincoln Hall

A very warm welcome to Wymondham College Sixth Form.

Welcome to the exciting world of A-Levels! We are delighted to have you embark on this educational journey with us, where you’ll delve deeper into your chosen subjects, expand your knowledge, and prepare for your future endeavours. A-Levels can be challenging, but with dedication, hard work, and the right mindset, you’ll unlock your potential and achieve your full potential. As you prepare to start your A-Levels, we recommend doing some pre-reading to familiarise

yourself with the subjects and get a head start

At Wymondham College we offer three A-Level qualifications, with a possible fourth option if you wish to study Further Maths or the Extended Project Qualification (EPQ).

Remember, the goal of pre-reading is not to become an expert before starting your A-Levels, but to familiarise yourself with your chosen subjects and build a strong foundation. Enjoy the process of learning and stay curious. I wish you all the best as you embark on this exciting

educational journey and look forward to welcoming you to the College in September.

Mrs J Edmunds-Grezio
Vice Principal Sixth Form
Mrs S Buckton
Deputy Head of Sixth Form

General A-Level resources:

If you are interested in buying text books from Cambridge University Press, please use the following link:
<https://www.cambridge.org/core/publications/textbooks>

You can also use Kerboodle if you have a school log on to start to look at A-Level textbooks.



Art - Fine Art / Photography / Textiles	5
Biology	6
Business	7
Chemistry	8
Computer Science	9
Design - Product Design	10
Drama and Theatre	11
Economics	12-13
English Literature	14
Geography	15
Government and Politics	18
History	19
Law	20
Maths and Further Maths	21
MFL - French and Spanish	22-23
Music	24
Philosophy of Religion and Religious Ethics	25
Psychology	26-27
Physics	28
Sociology	29
Sport and Physical Education	30-31



Head of Art:
Mrs H Roberts
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Welcome to Wymondham College Art Department; a great way to get started over the holiday is to visit as many Galleries and Museums as possible. London has some amazing galleries and exhibitions but there are also some brilliant local ones such as the Sainsbury Centre <https://www.sainsburycentre.ac.uk/> that has a wide range of non-European art, contemporary sculpture and painting and interactive displays. If you can't physically get to the galleries then the following websites are highly recommended.
<https://www.tate.org.uk/visit/tate-britain>

<https://www.tate.org.uk/visit/tate-modern>
<https://www.npg.org.uk/>
<https://www.nationalgallery.org.uk/>
<https://thephotographersgallery.org.uk/>
<https://www.vam.ac.uk/>

Wherever you go over the Summer take lots of photographs! Students use their own photos to work from observation and develop original ideas: you never know when they will be useful for a project. In addition, carry a small sketchbook and pen/pencil so that you can sketch regularly and spontaneously. NUA and the London Drawing School have some excellent online workshops as well as there being lots of local workshops available from stained glass making, felting,

A-Level Art:
Fine Art,
Textiles and
Photography

life drawing and weaving. Our exam board is Edexcel and you can find examples of students' portfolio work in the exemplar section of the website. <https://qualifications.pearson.com/en/qualifications/edexcel-a-levels/art-and-design-2015.coursematerials.html#%2FfilterQuery=category:Pearson-UK:Category%2FTeaching-and-learning-materials> as well as the course specification. The first portfolio will be based on the idea of "Journeys & Pathways", and we will be having a field trip to Cromer to collect primary images. You will be able to purchase a Seawhite sketchbook from the department when you start. We are really looking forward to working with you and supporting you on your creative journey. See you in September!



Head of Science:
Mr B Dewhurst
b.dewhurst@wymcol.org

Head of Biology:
Mr A Housego
a.housego@wymcol.org

Thank you for your interest in studying A-Level Biology at Wymondham College!

If you would like to read anything over the summer holidays in preparation for the course, then it would be to

develop an interest in the Life Sciences, so looking at Science or Health stories on BBC news would be useful.

For those with a genuine interest in Life Sciences, we can recommend the following books:

- ♦ Epigenetics Revolution by Nessa Carey
 - ♦ The Selfish Gene by Richard Dawkins
 - ♦ The Maths of Life and Death by Kit Yates
- There is no 'essential' pre-

A-Level Biology

course reading for Biology, as there is so much new and exciting content which really needs a teacher to explain, for instance Hydrogen bonds that are used in DNA, proteins and water, yet aren't covered at GCSE.

Don't forget - Having worked so hard on the GCSE exams it is important to relax, ready for the new challenges in September; spend time outdoors with your family and friends so that you arrive with us in September ready to learn.

Head of Business:
Mrs N Weston
n.weston@wymcol.org

Welcome to A-Level Business. We look forward to welcoming you to our subject in September.

We use the AQA specification at Wymondham College. The full specification can be found here:

<chrome-extension://efaidnbmnnnibpcapjccglclefindmkaj/https://filestore.aqa.org.uk/resources/business/specifications/AQA-7131-7132-SP-2015.PDF>

We strongly recommend that all A-Level Business students purchase their own copy of the core textbook. The course has been updated for September 2023 and the link to the new textbook will be sent to you as soon as possible. Financial support may be available. Please see Miss Weston (Head of Business and Economics).

The following content is covered over two years

- 1) What is business?
- 2) Managers, leadership and decision making
- 3) Decision making to improve marketing performance
- 4) Decision making to improve operational performance
- 5) Decision making to improve financial performance
- 6) Decision making to improve human resource performance
- 7) Analysing the strategic position of a business
- 8) Choosing strategic direction
- 9) Strategic methods: how to pursue strategies
- 10) Managing strategic change

Useful online resources

There are several online



resources and podcasts that you will find useful to browse through and listen to before and during your A-Level studies:

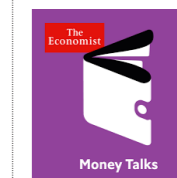
- ♦ <https://www.tutor2u.net/business/topics> – Please also subscribe to the Tutor2ubusiness social media pages
- ♦ <https://www.bankofengland.co.uk/education/home-learning-hub>
- ♦ <https://www.youtube.com/@Bizconsesh/playlists> – Year 1 Business
- ♦ <https://www.youtube.com/@Bizconsesh/playlists> – Year 2 Business
- ♦ <https://www.twoteachers.co.uk/> - Please subscribe to this blog and their social media pages
- ♦ <https://www.bbc.co.uk/news/business>*

*To support your essay writing in Business, you will be expected to use a range of real-world examples. Keep up to date by reading or watching

A-Level Business

the news and build up a bank of examples and case studies that you can refer to.

Podcasts



Your activities

During your summer break, we will expect you to read through the 10 topics on the specification, spend an hour browsing each of the online resources listed about to familiarise yourself with the resource, subscribe to Tutor2Ubusiness/Two Teachers and listen to at least two of the shows available on the podcasts mentioned.



Head of Science:
Mr B Dewhurst
b.dewhurst@wymcol.org

Head of Chemistry:
Mrs J Wright
j.wright@wymcol.org

Welcome to Chemistry!
The course we study is OCR
Chemistry A.
Syllabus link:
<https://www.ocr.org.uk/qualifications/as-and-a-level/chemistry-a-h032-h432-from-2015/>
We teach Module 2

Foundations in chemistry in the
Autumn term of Year 12.
Start by reviewing some of the
GCSE content:

- ♦ Atomic structure
- ♦ Types of bonding – ionic, covalent and metallic
- ♦ Structures – giant ionic, giant covalent, giant metallic and simple covalent
- ♦ Quantitative chemistry – calculations with masses, gases and solutions

There are various clips on
YouTube that may be useful:

- ♦ <https://www.youtube.com/@>

A-Level Chemistry

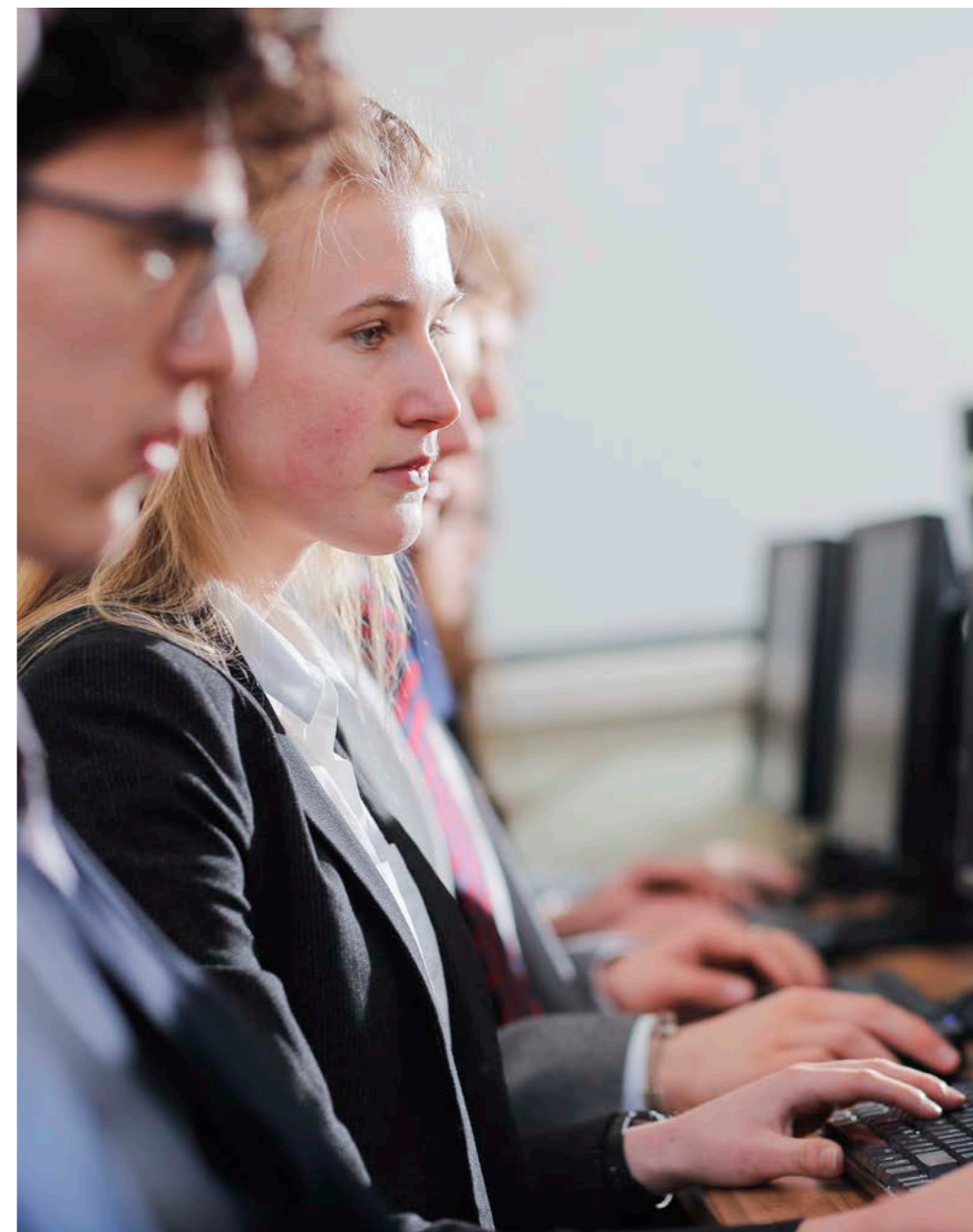
[AlleryChemistry](#)

Seneca also has a section for
OCR Chemistry:

- ♦ <https://senecalearning.com/en-GB/blog/free-ocr-a-chemistry-a-level-revision/>

Websites that are useful for
resources:

- ♦ http://www.docbrown.info/page19/OCR_GCE_chem_AS_2015.htm
- ♦ <https://studywise.co.uk/a-level-revision/chemistry/>
- ♦ <http://www.a-levelchemistry.co.uk/unit-1.html>



Head of Computer Science:
Mrs K Williams
k.williams@wymcol.org

Welcome to Computer Science!
We study OCR A-Level
Computer Science, H446.

The following are suggestions,
including books, online articles
and tutorials that would be
useful background reading
before and/or throughout the
courses.

We recommend this textbook
for the course – PG Online –
OCR AS and A-Level Computer
Science.

Another useful course
accompaniment is 'Essential
Maths Skills for AS/A-Level
Computer Science'

Fiction

- ♦ Computational Fairy Tales – Jeremy Kubica
- ♦ Best Practices of Spell Design – Jeremy Kubica
- ♦ The CS Detective – Jeremy Kubica

Non-Fiction

- ♦ Code: The Hidden Language of Computer Hardware and Software - Charles Petzold
- ♦ Hello World: How to be Human in the age of the Machine – Hannah Fry (or listen, here - <https://www.bbc.co.uk/programmes/m001mdn2/episodes/player> - Available now)

TEDx Talks:

- <https://www.ted.com/watch/tedx-talks>
- ♦ Computer Science is for everyone
 - ♦ Internet of Things
 - ♦ Artificial Intelligence
 - ♦ Watch BBC Click:

<https://www.bbc.co.uk/programmes/n13xtmd5>

- ♦ Read Technology news: <https://www.bbc.co.uk/news/technology>
- ♦ Computer Science for Fun (CC4FN): <http://www.cs4fn.org/> [Python and JavaScript Tutorials - https://checkio.org/](https://www.pythontutorial.net/)
- ♦ More Tutorials: <https://www.codecademy.com>
- ♦ Computing Problem Solving: <https://projecteuler.net/>
- ♦ W3Schools Tutorials:

A-Level Computer Science

<https://www.w3schools.com/>

- ♦ Craig n Dave: A-Level OCR Computer Science Videos – Craig 'n' Dave | Students ([craigndave.org](https://www.craigndave.org))
- ♦ We do a lot of our programming in Python, you can download Python from here: <https://www.python.org/>
- ♦ PyCharm from here: <https://www.jetbrains.com/pycharm/>

Head of Product Design:
Mr J Meeson
j.meeson@wymcol.org

Thank you for choosing to study A-Level Product Design at Wymondham College! One thing we try to encourage in our subject is to be observant of the world around you. You are surrounded by and use design everyday of your life, and just by looking more closely at the products we all use can be one of the best ways to consider the way product function, the materials they are made from and why they have been designed the way they have. So over the summer, start to look at products in a different way, or even better note down any observations you make.

There are lots of really great design videos on Youtube. The link below is of a practising designer. He has some great videos which can help you with how to observe. His playlist called 'Students of Product Design' is particularly helpful:
<https://www.youtube.com/@producttank>

Keeping a sketch book is also something you should get in the habit of doing. Being able to sketch and convey your ideas is a vital tool in your armory and regularly practicing that skill Here are some great sketching tutorials:
<https://www.youtube.com/@simplydesignsketching>

Read through the specification to ensure you have a good understanding of the breakdown of the course and the content required for A-Level.
<https://qualifications.pearson.com/content/dam/pdf/A%20Level/Design%20and%20Technology%20-%20Product%20Design/2017/specification-and-sample-assessments/Pearson%20Edexcel%20Level%203%20GCE%20in%20Design%20and%20Technology%20Specification%20issue2.pdf>



[pearson.com/content/dam/pdf/A%20Level/Design%20and%20Technology%20-%20Product%20Design/2017/specification-and-sample-assessments/Pearson Edexcel Level 3 GCE in Design and Technology Specification issue2.pdf](https://qualifications.pearson.com/content/dam/pdf/A%20Level/Design%20and%20Technology%20-%20Product%20Design/2017/specification-and-sample-assessments/Pearson%20Edexcel%20Level%203%20GCE%20in%20Design%20and%20Technology%20Specification%20issue2.pdf)

If you don't already know how to use CAD, then using your summer to get a grasp of it is a great use of your time. We mainly use Onshape at the College. On shape is free – you just need to create a student account – you can use a current email address to do this.

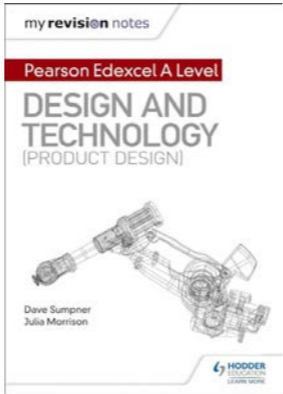
[Sign up for Onshape](#)

A great way to learn is drawing objects you have at home, start simple and work up (measuring it is pretty key in this). Here is a great YouTube

A-Level Product Design

channel to help with this:
<https://www.youtube.com/@teachproductdesign>

The subject revision book (pictured below) is an essential for all product design students: My Revision Notes: Pearson Edexcel A Level Design and Technology (Product Design) : Sumpner, Dave, Morrison, Julia Morris. This book can be purchased from Amazon UK.



Head of Drama:
Mr D Coates
d.coates@wymcol.org

Welcome to A-Level Drama, a stimulating and creative qualification which gives you a fully rounded understanding of Theatre Practice and Theatre Practitioners.

The understanding of all elements of Theatre (Performance/Directing/ Technical: Lighting, Sound, Set Design and Costume) is key to this course and more importantly the social, cultural and historical (SCH) contexts that have influenced them.

A good understanding of the following practitioners and their styles will be extremely

advantageous for the course:
♦ Bertolt Brecht
♦ Steven Berkoff
♦ DV8
♦ Frantic Assembly

Reading for Year 11 into 12. These are some of the texts we will look at on the course. Books will be supplied but a good understanding of the play beforehand, will allow you to fully deepen your knowledge of the Practitioners and SCH

♦ Caucasian Chalk Circle - Bertolt Brecht
♦ Yerma – Lorca
♦ Metamorphosis - Steven Berkoff
We will look at responding to live productions from

A-Level Drama and Theatre

performers, directors and technical point of view. Therefore, watching as many live/streamed performances, whilst being aware of these roles.

The following links:
<https://www.stevenberkoff.com>
<http://www.iainfisher.com/berkoff/steven-berkoff.html>
<https://www.bbc.co.uk/bitesize/guides/zwmvd2p/revision/1>
Followed by:
<https://www.bbc.co.uk/bitesize/guides/zwmvd2p/test>

We also recommended National Theatre clips on YouTube of Introduction to Brechtian Theatre.

Head of Economics:
Mrs N Weston
n.weston@wymcol.org

Welcome to A-Level Economics.
We look forward to welcoming
you to our subject in September.

Useful online resources:

There are several online
resources, books and podcasts
that you will find useful to
browse through and listen to
before and during your A-Level
studies:

Textbooks:

- ♦ AQA Economics for A Level
Year 1 & AS – Powell and
Powell (core text provided)
- ♦ AQA Level 3 AS GCE in
Economics Course Companion
(tutor2u) – Geoff Riley
(Electronic version on teams
awhen you begin your studies)
- ♦ CGP Revision Guide

Websites:

- ♦ BBC News: Business/
Economy for current news
- ♦ Broadsheet newspaper sites:
Telegraph, Guardian, Financial
Times
- ♦ The Economist: Free access
to a limited number of articles
per month
- ♦ The Bank of England: [https://
www.bankofengland.co.uk/
education/home-learning-hub/
post-16-economics-learning-
resources](https://www.bankofengland.co.uk/education/home-learning-hub/post-16-economics-learning-resources)
- ♦ Economicshelp.org
- ♦ Economicsonline.co.uk
- ♦ Tutor2U: Economics
blog, revision notes and
presentations and quizzes
- ♦ Timharford.com

YouTube:

- ♦ EconplusDal

- ♦ MR University
- ♦ Crash Course in Economics
- ♦ Office of National Statistics
(ONS)
- ♦ Financial Times
- ♦ Bank of England
- ♦ The Economist
- ♦ Tutor2u

Podcasts:

- ♦ Economics in TEN
- ♦ Understand the Economy

Deloitte Weekly Economic
Briefing:

Subscribe and a weekly review
of key economic news and
views will be emailed to you.

IMF Back to Basics
(Economic Concepts
Explained):

This will available on the
Teams when you begin your
studies and covers a range of
economic concepts.

Twitter:

- ♦ Tutor2u: @economicsuk
- ♦ Tim Harford: @TimHarford
- ♦ The Economist:
@EconEconomist
- ♦ Bank of England:
@BankofEngland
- ♦ BBC News: @BBCBreaking

Useful written resources:

- AQA AS/A-Level Economics
Workbooks
(available on Amazon, and other
places, for £5.99 each)
- ♦ Book 1 Micro year 1
- ♦ Book 2 Macro year 1
- ♦ Book 3 Micro year 2
- ♦ Book 4 Macro year 2

Books:

- ♦ 23 Things They Don't Tell You

A-Level
Economics



- About Capitalism (Ha-Joon
Chang)
- ♦ Age of Discovery: Navigating
the Risks and Rewards of Our
New Renaissance: (Ian Goldin
& Chris Kutarna)
- ♦ Alibaba: The House that Jack
Ma Built (Duncan Clark)
- ♦ Almighty Dollar (Dharshini
David)
- ♦ Capitalism Without Capital:
The Rise of the Intangible
Economy (Haskel and Westlake)
- ♦ Capitalism: 50 Ideas You
Really Need to Know (Jonathan
Portes)
- ♦ Choice Factory (Richard
Shotton)
- ♦ Doughnut Economics (Kate
Raworth)

- ♦ Drunkard's Walk (Leonard
Mlodinow)
- ♦ Economics for the Common
Good (Jean Tirole)
- ♦ GDP: A Brief but Affectionate
History (Professor Diane Coyle)
- ♦ Grave New World (Stephen
King)
- ♦ Great Economists: How Their
Ideas Can Help Us Today (Linda
Yueh)
- ♦ Growth Delusion: The Wealth
and Well-Being of Nations
(David Pilling)
- ♦ Inequality (Anthony Atkinson)
- ♦ Inner Lives of Markets: How
People Shape Them - And
They Shape Us (Sharman and
Fishman)
- ♦ Limits of the Market:

- The Pendulum Between
Government and the Market
(Paul De Grauwe)
- ♦ Misbehaving: The Making
of Behavioural Economics
(Richard Thaler)
- ♦ Plundered Planet: How to
Reconcile Prosperity with
Nature: (Professor Paul Collier)
- ♦ Poor Economics: Rethinking
Ways to Fight Global Poverty
(Banerjee & Duflo)
- ♦ Positive Linking - Networks
and Nudges (Paul Ormerod)
- ♦ Rise and Fall of Nations: Ten
Rules of Change in the Post-
Crisis World (Richir Sharma)
- ♦ Risk Savvy - How to
Make Good Decisions (Gerd
Gigerenzer)

- ♦ Ten Great Economists (Philip
Thornton)
- ♦ The Box - How the Shipping
Container Made the World
Smaller and the World
Economy Bigger, (Levinson)
- ♦ The Everything Store: Jeff
Bezos and the Age of Amazon
(Brad Stone)
- ♦ The Great Divide (Professor
Joseph Stiglitz)
- ♦ The Great Escape (Professor
Angus Deaton)
- ♦ The Undoing Project: (Michael
Lewis)
- ♦ Thinking Fast and Thinking
Slow: (Professor Daniel
Kahneman)
- ♦ Upstarts: How Uber and
Airbnb Are Changing the World
(Brad Stone) Follow up to his
work on Amazon.
- ♦ What Money Can't Buy:
The Moral Limits of Markets
(Michael Sandel)
- ♦ Who Gets What - And Why:
Understand the Choices You
Have; Improve the Choices You
Make (Al Roth)
- ♦ Why Information Grows: The
Evolution of Order, from Atoms
to Economies (Cesar Hidalgo)
- ♦ World of Three Zeroes
(Muhammad Yunus)

Your activities

During your summer break, we
will expect you to read through
the topics on the specification,
spend an hour browsing each
of the online resources listed
about to familiarise yourself
with the resource, subscribe
to the social media accounts
listed and listen to at least two
of the shows available on the
podcasts mentioned. You may
also wish to purchase one book
for your summer reading!
'Can't We Just Print More
Money?' would be a good
place to start.

Head of English Literature:
Mrs J Rendall
j.rendall@wymcol.org

Welcome to A-level English Literature!

The best preparation for September is to read the set texts and watch the plays on DVD or online. Elia Kazan's 1951 version of A Streetcar Named Desire starring Marlon Brando and the Royal Shakespeare Company production of Othello directed by Iqbal Khan are recommended.

Students **must** have their own copies of the set texts so that they can be annotated in class.



The set texts required for September are:

A Streetcar Named Desire (Penguin Modern Classics) and Poems of the Decade: An Anthology of the Forward Books of Poetry (Forward Arts Foundation).

Set texts required for January are: Othello (Wordsworth classics) and English Romantic Verse (Penguin Classics).

The set texts are readily available from various retailers. Financial support may be available.

Currently prescribed poems from Poems of the Decade: An Anthology of the Forward Books of Poetry are:

- ♦ Eat Me by Patience Agbabi
- ♦ Chainsaw Versus the Pampas Grass by Simon Armitage
- ♦ Material by Ros Barber
- ♦ History by John Burnside
- ♦ An Easy Passage by Julia Copus
- ♦ The Deliverer by Tishani Doshi
- ♦ The Lammas Hireling by Ian Duhig

- ♦ The Map Woman by Carol Ann Duffy
- ♦ To My Nine-Year-Old Self by Helen Dunmore
- ♦ A Minor Role by U A Fanthorpe
- ♦ The Gun by Vicki Feaver
- ♦ The Furthest Distances I've Travelled by Leontia Flynn
- ♦ Giuseppe by Roderick Ford
- ♦ Out of the Bag by Seamus Heaney
- ♦ Effects by Alan Jenkins ♦ Genetics by Sinéad Morrissey
- ♦ From the Journal of a Disappointed Man by Andrew Motion
- ♦ Look We Have Coming to Dover! by Daljit Nagra
- ♦ Please Hold by Ciaran O'Driscoll
- ♦ On Her Blindness by Adam Thorpe
- ♦ Ode on a Grayson Perry Urn by Tim Turnbull

To widen your introduction to the texts, engaging and informative lectures can be found here:

A-Level English Literature

- ♦ <https://www.youtube.com/watch?v=VKiglgStwRs>
- ♦ <https://www.youtube.com/watch?v=YMrivOh4N6s> ♦ <https://www.youtube.com/watch?v=HIRLN7LqXBA>
- ♦ <https://www.youtube.com/watch?v=LkjF7QkqFoE>

Along with online wider reading:

- ♦ <https://www.bl.uk/>
- ♦ <https://wymcolenglishblog.home.blog/> - our own texts and student notes/essays
- ♦ <https://blogasenglish.wordpress.com/> - a reliable blog with annotations and commentaries
- ♦ <https://www.physicsandmathstutor.com/english-revision/a-level-edexcel/othello/>
- ♦ <https://www.physicsandmathstutor.com/english-revision/a-level-edexcel/a-streetcar-named-desire/> - outstandingly detailed introductions to plot, character and theme.

Head of Geography:
Mr R Jarrald
r.jarrald@wymcol.org

Welcome to A-Level Geography! We are confident that you will find the course fascinating and enjoyable.

The specification studied at Wymondham College is Edexcel A-Level Geography. There is not a requirement to purchase a textbook as one will be issued to you when you start in September. You may have time for reading during the summer, and the Department has made a reading list of suggested texts. My favorite is Prisoners of Geography by Tim Marshal.



Supplementary reading list A-Level Geography:

Listed below are a selection of optional readings that may aid you as you engage with A-Level Geography beyond the current specification. These readings are not listed to replace your textbooks, but instead act as a supplement to your current studies. You may find that you can engage critically with the author's arguments, which should allow you to bring a deeper and more original perspective to your written work.

- ♦ Crane, N. (2016) The Making of the British Landscape: From the Ice Age to the Present, London: Weidenfeld and Nicolson
<https://www.amazon.co.uk/Making-British-Landscape-Ice-Present/dp/0297856669>
- ♦ Davis, M. (2006) Planet of Slums, London: Verso
<https://www.amazon.co.uk/Planet-Slums-Mike-Davis/dp/1844671607>

- ♦ Friedman, T. (2007) The World is Flat: The Globalised World in the Twenty- First Century, London: Penguin
<https://www.amazon.co.uk/World-Flat-Globalized-Twenty-first-Century/dp/0141034890>
- ♦ Goudie, A. and Viles, H. (2010) Landscapes and Geomorphology, Oxford: Oxford University Press
<https://www.amazon.co.uk/Landscapes-Geomorphology-Short-Introduction-Introductions/dp/0199565570>
- ♦ Hanhimäki, J.M. (2015) The United Nations: A Very Short Introduction, Oxford: Oxford University Press
<https://www.amazon.co.uk/United-Nations-Short-Introduction-Introductions/dp/0195304373>
- ♦ Lewis, S.L. and Maslin, M.A. (2018) The Human Planet: How we created the Anthropocene, London: Pelican Books
<https://www.amazon.co.uk/Human-Planet-How-Created-Anthropocene/dp/0241280885>

A-Level Geography

- ♦ Marshall, T. (2016) Prisoners of Geography, London: Elliot and Thompson
<https://www.amazon.co.uk/Prisoners-Geography-Everything-Global-Politics/dp/1783961414>
- ♦ Neuwirth, R. (2012) Stealth of Nations: The Global Rise of the Informal Economy, New York: Anchor
<https://www.amazon.co.uk/Stealth-Nations-Robert-Neuwirth/dp/0307279987>
- ♦ Rosling, H, Rolsing, O. and Rosling Rönnlund, A. (2018) Factfulness, London: Sceptre
<https://www.amazon.co.uk/Factfulness-Reasons-LONGLISTED-McKINSEY-BUSINESS/dp/1473637465>
- ♦ Steger, M.B. (2017) Globalization: A Very Short Introduction, Oxford: Oxford University Press
<https://www.amazon.co.uk/Globalization-Very-Short-Introduction-Introductions/dp/019280359X>





Head of Politics:
Mrs C Lovatt
c.lovatt@wymcol.org

We look forward to welcoming you to the A-Level Politics course at Wymondham College.

If you would like to do some reading or research over the summer holidays in preparation for the course, we recommend the following:

Subscribe to 'The Week' or one of the following:

- ♦ The Economist
- ♦ The New Statesman
- ♦ Private Eye
- ♦ The Guardian Weekly

Online/TV/radio:

- ♦ AQA Politics
- ♦ Tory! Tory! Tory! (YouTube)
- ♦ Thatcher: A Very British Revolution (BBC iPlayer)

- ♦ Blair & Brown: The New Labour Revolution (BBC iPlayer)
- ♦ Newsnight
- ♦ BBC News – UK and US Politics
- ♦ Question Time
- ♦ Channel 4 News
- ♦ Radio 4 The Today Program
- ♦ Lewis Goodall on Twitter - Simple Politics
- ♦ <https://www.alevelpolitics.com/> (For Edexcel, but still useful for AQA)
- ♦ <https://www.tutor2u.net/politics>
- ♦ <https://www.hoddereducation.co.uk/magazines/magazines-extras/politics-review-extras>
- ♦ <https://www.aqa.org.uk/subjects/politics/as-and-a-level/politics-7152>

Reading list:

- ♦ The Road to Wigan Pier, George Orwell

A-Level Government and Politics

- ♦ Cameron at No.10, Anthony Seldon
- ♦ The Communist Manifesto, Karl Marx, Friedrich Engels
- ♦ Reflections on the Revolution in France, Edmund Burke
- ♦ Autobiographies of any UK Prime Ministers or US Presidents

Textbooks:

- ♦ AQA A-Level Politics: Government and Politics of the UK, Government and Politics of the USA and Comparative Politics, S Lemieux
- ♦ Political Ideas for A-Level: Liberalism, Conservatism, Socialism, Multiculturalism, Nationalism and Ecologism, R Kelly
- ♦ My Revision Notes Politics: UK Politics, S Lemieux
- ♦ My Revision Notes Politics: US and Comparative Politics, S Lemieux
- ♦ My Revision Notes Politics: Political Ideas, S Lemieux

Head of History:
Mr B Minchin
b.minchin@wymcol.org

If you have chosen History for A-Level then your journey into the past starts here! We hope that you will find the topics interesting and relevant. We strongly recommend that students purchase their own copies of the two core textbooks, which will be used in Years 12 and 13 for classwork and Prep. These are:

- ♦ Hugh, J. (2015) Oxford AQA History for A Level: The Making of Modern Britain, 1951-2007
- ♦ Waller, S. (2015) Oxford AQA History for A Level: Tsarist and Communist Russia, 1855-1964

These can be ordered from Amazon or purchased in most high street bookstores eg Waterstones, WH Smith. You may find a good quality second-hand copy from Amazon or eBay. Financial support may be available – please speak to Mr Minchin (Head of History).

A great way to make a start on the A-Level History course is to read through the first few chapters of each textbook to get a sense of the topics we will start in September and put together any questions you have about the content.

A series of video tutorials has been made by the Learning Academy on YouTube, which accompanies the topics we cover in Year 12. These are also an excellent starting point to help you to become familiar with the key ideas and concepts that we will study.

Paper 1:

- Tsarist and Communist Russia, 1855-1964
- AQA A-Level History: 1H Tsarist



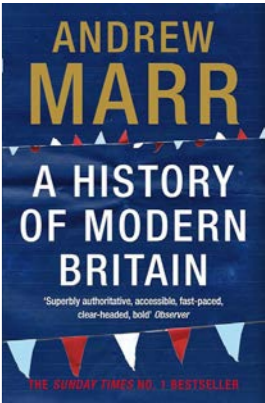
and Communist Russia (1855-1964) - YouTube
<https://www.youtube.com/playlist?list=PLXtShDmDvfwFnKhuby8CIH8NQrIPKDI>

Paper 2:

- The Making of Modern Britain, 1951- 2007
- A-Level History 2S: The Making of Modern Britain 1951-2007 - YouTube
<https://www.youtube.com/playlist?list=PLXtShDmDvfwFmAbbkYV1dnWYUycvFOj>

A-Level History

Suggested reading (if you are looking for a good read over the summer that will help you with your historical studies, too).





Head of Law:
Mrs C Lovatt
c.lovatt@wymcol.org

We look forward to welcoming you to the A-Level Law course at Wymondham College.
If you would like to do some reading or research over the summer holidays in preparation for the course, we recommend the following:

- Online/TV:**
- ♦ Court room dramas based in the UK that are age appropriate on TV/Netflix
 - ♦ Police 24/7

- ♦ Traffic Cops
- ♦ BBC/ITV/CH4 News
- ♦ www.e-lawresources.co.uk - free cases, quizzes and information for law students
- ♦ <https://www.aqa.org.uk/subjects/law/as-and-a-level/law-7162> - Past papers, mark schemes, subject content and more

- Textbooks and revision guides:**
- ♦ AQA law for A-Level and AS Year 1 Hodder Education ISBN-13: 9781510401648
 - ♦ AQA Law for A-Level Year 2 Hodder Education

A-Level Law

- ISBN-13: 9781510401747
- ♦ My Revision Notes AQA Law Hodder Education ISBN-13: 978-1510429222

- Reading List:**
- ♦ Bleak House, Charles Dickens
 - ♦ Learning the Law, Glanville Williams
 - ♦ The Rule of Law, Tom Bingham
 - ♦ The Law Machine, Clare Dyer and Marcel Berlins
 - ♦ <https://www.hoddereducation.co.uk/magazines/magazines-extras/a-level-law-review> - extras



Head of Maths:
Mr T Cook
t.cook@wymcol.org

Welcome to Wymondham College mathematics department.
"Mathematics is a world of wonder – a place where, with only a few numbers and points at our command, the most amazing formulas and geometric figures appear as out of a magician's hat." Howard F.Fehr

- www.mymaths.co.uk
Use MyMaths login "wymondham", password "square" to revise all high-level GCSE content, e.g: Algebra, Quadratics, Trigonometry...
- www.m4ths.com
Use site: www.m4ths.com - A website with a set of specific topics and supporting videos that pick up from GCSE grade 7/8/9 work and blend into the topics we cover in AS maths.

A-Level Maths and Further Maths

- ♦ Bridging GCSE and A-Level Maths, a book by Mark Rowland - ISBN 8601404212628 - This book has been published for 10 years now and still proves to be the dominant book for maths students wanting to get ahead. We recommend that you purchase this book – financial support may be available. Use these resources regularly over the next 6 months to ensure an easier entry to A-Level maths.



Head of MFL:
Dr Louisa Adcock
l.adcock@wymcol.org

We look forward to welcoming you to the MFL department to study French and/or Spanish! They are fascinating courses which will improve your knowledge of vocabulary, grammar and the culture of French and Spanish speaking countries.

For students who wish to study French and/or Spanish at A-Level, the best thing you can do to prepare for the course is improve your knowledge of:

- 1) French/Spanish grammar
- 2) The French/Spanish speaking world

Many of the questions at A-Level ask students to link to life in French/Spanish countries outside of mainland France/Spain. It would be a good idea to do some research into these countries and make a fact-file:

- ◊ Location
- ◊ Languages
- ◊ Population
- ◊ What is the link with France/Spain?
- ◊ Industry
- ◊ Culture

The more information you find out, the better!

As Part of the A-Level course, you will have to do

A-Level Modern Foreign Languages: French and Spanish

an Independent Research Project (IRP). For this project, you must do independent research into any aspect of French or Spanish speaking culture which interests you. It would be a good idea to start thinking about what you might like to choose as an IRP topic and do some research into your chosen topic. For more details about the IRP, see the specification:

- ◊ French Specification: <https://www.aqa.org.uk/subjects/languages/as-and-a-level/french-7652>
- ◊ Spanish Specification: <https://www.aqa.org.uk/subjects/languages/as-and-a-level/spanish-7692>

Other useful websites:

https://www.france24.com/en/www.newsinslowfrench.com	Use these websites to improve your knowledge of current affairs in France and the French speaking world.
https://www.audio-lingua.eu/?lang=en	Interesting listening activities for French and Spanish.
www.languagesonline.org.uk	Useful grammar exercises.
www.1jour1actu.com	This is a good site which is a bit like Newsround - it is French news for French kids and can be a way of reading simplified news articles and there are little video clips too.
https://conjuguemos.com/	Practise conjugating Spanish verbs.
https://resources.wjec.co.uk/Pages/SearchResources.aspx	Although this is the WJEC exam board website it is full of interactive activities for KS4 and KS5 topics that correspond with the AQA topics (including film and book studies) and links to practise grammar for both French and Spanish.
www.rtve.es	This contains news articles, video clips, documentaries and TV programmes in Spanish.
www.rtve.es/deportes/champions-league	Football related material in Spanish.
https://lyricstraining.com	A fun way to learn French and Spanish vocabulary by listening to song lyrics.
https://www.channel4.com/collection/walter-presents	Channel 4 have films and tv series in French and Spanish with the option of subtitles to help develop listening and reading skills.
Netflix	On Netflix there are lots of programmes students could watch in Spanish with subtitles. You could practice writing film reviews: In Spanish there is a series called VELVET, set in Madrid in the late '50s. Provides lots of historical, cultural and social contexts particularly on roles and relationships within Spanish families. A Spanish film called 100 Metros, is based on the true story of a Spanish man with Multiple Sclerosis who tries to complete an Iron-Man Triathlon. For French, there is a film called L'Ascension (The climb) and another film called Athena. These films show the life in the banlieues of Paris which are linked to the film studied for the course. Another film Bienvenue à Marly-Gomont (The African Doctor) features the story about a Congolese doctor escaping dictatorship and moving to a French village. This includes culture shock and cultural differences. All films are based on real accounts.
Volver (film for Spanish)	This is the film which we study for A-Level Spanish. Watch the film online and do some research into the themes/actors/director.
La Haine (film for French)	This is the film which we study for A-Level French. Watch the film online and do some research into the themes/actors/director.

The MFL department will provide you with the course text book and we recommend that you buy the study guides for literature elements. We can supply some of these guides where needed.



Head of Music:
Mr A Day
a.day@wymcol.org

Thank you for your interest in the A-Level Music course at Wymondham College!
In order to prepare yourself for the course, you might like to do the following:

- ◆ Keep practising your instrument or singing for the performance component of the course. At least one hour a day.
- ◆ Carry on coming up with ideas for the basis of an A-Level composition and work out how you would develop them into a larger piece.
- ◆ Listen to your 18 Edexcel

A-Level Music

- A-Level set works on [youtube.com](https://www.youtube.com).
- ◆ Listen to lots of new music from all different periods and genres on [youtube.com](https://www.youtube.com) and then compare how they are similar, and or different to your 18 A-Level set works.
- ◆ Keep a listening diary of works that you have heard.



Head of Philosophy:
Rev I Jones
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If you are exploring the idea of starting the A-Level course in Religious Studies, all you need is curiosity, an open mind which is willing to be challenged and a love of learning. The course is divided between the philosophy of religion, religion and ethics and developments in Christian thought.

Philosophy is described as the pursuit of wisdom. Together we will explore the influence of great philosophers such as Plato, Aristotle, St Augustine, St Thomas Aquinas, David Hume and many more.

We will explore fundamental questions which link to the cosmos and to the human condition. We will look at the existence of God through the lens of rationality and study the work of known scholars who have debated the subject for thousands of years.

Ethics looks at the question of what is morally acceptable and do people agree on what is right and wrong? We apply ethical theories such as Situation Ethics to moral scenarios such as euthanasia, business ethics and sexual ethics.

In the development of Christian thought, we explore theological questions such as the role of the Christian church in Nazi Germany and the response of people like Dietrich Bonhoeffer. We will explore radical feminist theologians and their approach to a male dominated church.

We will study how liberation theology has made use of both the Bible and Marxism to create a radical way of rethinking theology.

- Recommended reading list for Philosophy:**
- ◆ The Puzzle of God by Peter Vardy
 - ◆ The God Delusion by Richard Dawkins
 - ◆ God Matters by Charlotte Vardy and Peter Vardy
 - ◆ An introduction to Plato's Republic by Julia Annas

A-Level Philosophy of Religion and Religious Ethics

- Christian thought:**
- ◆ Christian Theology by Alistair McGrath
 - ◆ A Theology, the Basics by Alistair McGrath
- Religion and Ethics:**
- ◆ The Puzzle of Ethics by Peter Vardy
 - ◆ Teach Yourself Ethics by Mel Thompson

Head of Psychology:
Miss H Ringwood
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So, you are considering A-Level Psychology? This guide includes a selection of activities and resources to prepare you for starting A-Level Psychology in September. All activities and recommended resources are aimed to complement our specification, AQA A-Level Psychology.

Unit 1: Introductory topics in Psychology

- ♦ Social Influence
- ♦ Memory
- ♦ Attachment
- ♦ Psychopathology

Unit 2: Psychology in context

- ♦ Approaches
- ♦ Biopsychology
- ♦ Research Methods

Unit 3: Issues and options

- ♦ Issues and Debates
- ♦ Relationships
- ♦ Schizophrenia
- ♦ Forensic Psychology

Book recommendations:

- ♦ Opening Skinner's Box by Lauren Slater
- ♦ Psychology, a Very Short Introduction by Gillian Butler and Freda McManus
- ♦ The Blank Slate by Steven Pinker
- ♦ New York Times bestseller - Thinking, Fast and Slow by Daniel Kahneman

Movie recommendations:

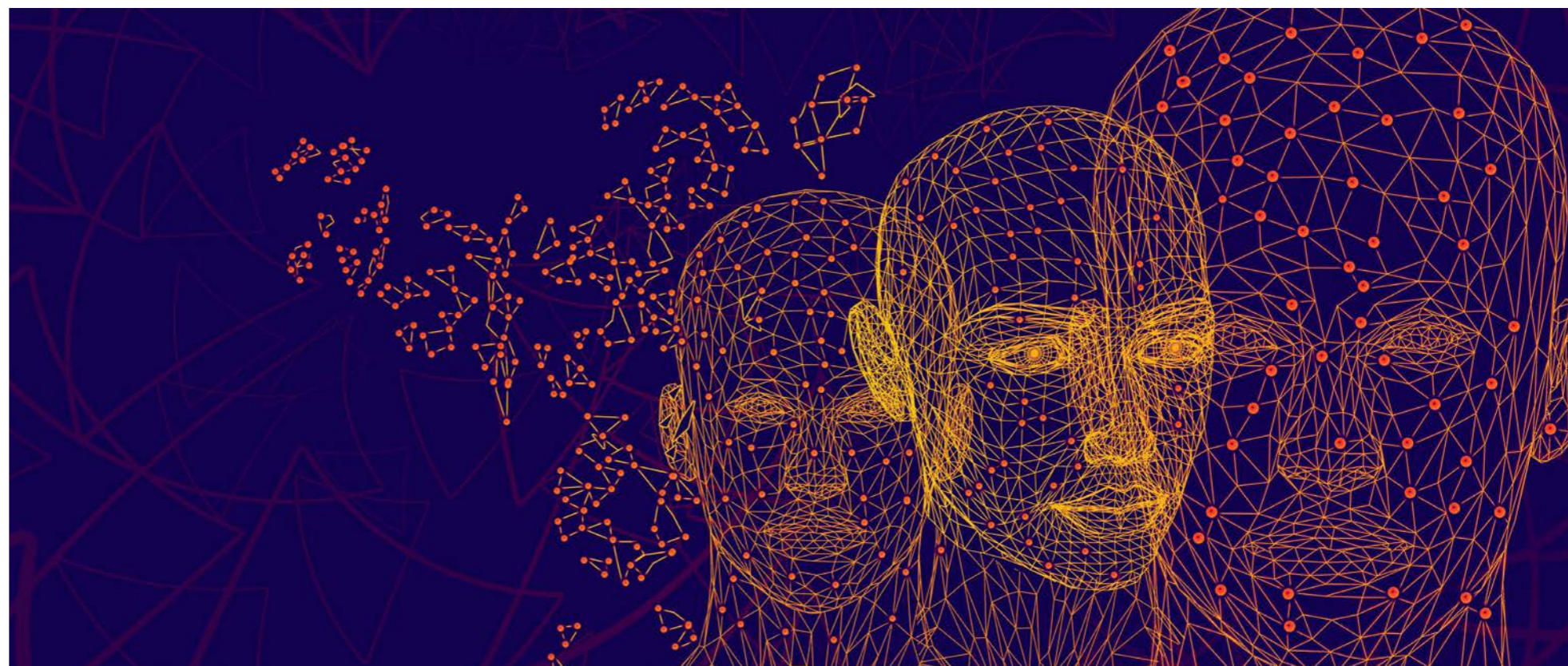
- ♦ One Flew Over the Cuckoo's Nest (1975)
- ♦ We need to talk about Kevin (2011)
- ♦ The Stanford Prison Experiment (2015)
- ♦ Girl, Interrupted (1999)

- ♦ As good as it gets (1997)
- ♦ Running with scissors (2003)
- ♦ Analyze This (1999)
- ♦ Good Will Hunting (1997)
- ♦ I am Sam (2001)
- ♦ Cool Hand Luke (1967)
- ♦ 12 Angry Men (1957)
- ♦ Memento (2000)

TED Talk recommendations:

- ♦ 10 myths about Psychology, debunked.
https://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked?language=en#t-80890
- ♦ Jon Ronson: Strange answers to the psychopath test.
https://www.ted.com/talks/jon_ronson_strange_answers_to_the_psychopath_test?language=en#t-129957
- ♦ Martin Seligman: A new era of positive psychology.
http://www.ted.com/talks/martin_seligman_on_the_state_of_psychology
- ♦ Ben Goldacre: Battling Bad Science
http://www.ted.com/talks/ben_goldacre_battling_bad_science?language=en#t-89077
- ♦ Brain Magic
https://www.ted.com/talks/keith_barry_does_brain_magic?language=en#t-99868
- ♦ The Surprising Science of Happiness by Dan Gilbert
https://www.ted.com/playlists/4/what_makes_you_happy
- ♦ Carol Dweck: The power of believing that you can improve
https://www.ted.com/talks/carol_dweck_the_power_of_believing_that_you_can_improve#t-30982
- ♦ The Paradox of Choice by Barry Schwartz
https://www.ted.com/playlists/164/how_we_make_choices

A-Level Psychology



Pre-Knowledge topics:

A-Level Psychology will require a huge amount of new knowledge - most of the topics you cover in this course will be entirely new to you. Explore the following to ensure your knowledge is up to date and you are ready to start studying:

♦ Social Influence:

Humans behave very differently in groups than when they are alone; the psychology of social influence tries to unravel the processes which cause this to occur.

Read the information on this website (you could make more Cornell notes if you wish):

https://en.wikipedia.org/wiki/Social_influence

Take a look at these videos:

<https://www.youtube.com/watch?v=Ao5JTMc5GUM>

https://www.ted.com/talks/morgana_bailey_the_danger_of_hiding_who_you_are?language=en

♦ Attachment:

This topic looks at our earliest and perhaps most influential relationship - that with our mother. How does this bond form, and why is it so influential later in life?

<http://www.helpguide.org/articles/relationships/attachment-and-adult-relationships.htm>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2724160/>

<http://www.bbc.co.uk/news/education-26667036>

Take a look at these videos:

<http://ed.ted.com/on/3Pg4lwvN>

https://www.ted.com/talks/helen_fisher_tells_us_why_we_love_cheat?language=en

♦ Psychopathology:

What is meant by mental illness? To answer that we first need to answer a more difficult question - what is meant by mental health?

There are hundreds of resources around this topic, these are some ideas to start!

<http://www.theguardian.com/society/mental-health>

<http://www.nhs.uk/news/pages/newsarticles.aspx?TopicId=Mental+health>

And take a look at these videos:

<https://www.ted.com/topics/mental+health>

https://www.ted.com/talks/ruby_wax_what_s_so_funny_about_mental_illness?language=en

https://www.ted.com/talks/vikram_patel_mental_health_for_all_by_involving_all?language=en

https://www.ted.com/playlists/175/the_struggle_of_mental_health

Psychology on Twitter:

Here are some of our top tips on who to follow to keep up to

date with developing news or interesting stories or pieces of research:

- ♦ David Buss - @ProfDavidBuss
- ♦ Ben Goldacre - @bengoldacre
- ♦ Richard Wiseman - @RichardWiseman
- ♦ Elizabeth Loftus - @eloftus1
- ♦ Philip Zimbardo - @PhilZimbardo
- ♦ The Beck Institute - @BeckInstitute
- ♦ Freud Museum - @FreudMuseum and @FreudMusLondon
- ♦ David Eagleman - @DavidEagleman
- ♦ Michael Mosely - @DrMichaelMosely
- ♦ Derren Brown - @DerrenBrown
- ♦ Stephen Pinker - @sapinker
- ♦ Martin Seligman - @MartinEPSeligma and @PositiveNewsUK



Head of Science:
Mr B Dewhurst
b.dewhurst@wymcol.org

Head of Physics:
Mr B O'Donovan
b.odonovan@wymcol.org

Welcome to Physics.
There are a whole range of materials that may be of interest and would give you a bit of a head start with Year 12.
For example the CGP Head start to A-Level Physics. It is a comprehensive guide to what knowledge you need to

have grounded for starting A-Level Physics, and at £6 it's a bargain.
Try to keep your hand in with some past paper questions on physics from your GCSEs; Google AQA past papers and follow the links.
There are lots of YouTube channels that are also good; crash course physics, physics girl, veritasium, kurzgesagt, minute physics, Arvin Ash explains and others - some good stuff there, although not always directly applicable to A-Level they are interesting and entertaining.

A-Level Physics

Or if you really want a head start you can check our Mr O'Donovan's very own YouTube channel all about A-Level Physics concepts
For some lighter romanticised physics, you should consider reading the fictional novel The 3 Body Problem by Cixin Liu which explores some very real ideas in science.
Or the Hyperion Cantos by Dan Simmons, which is a fascinating story and an excellent fictional read for the budding Physicist over the summer break and beyond to expand the imagination.



Head of Sociology:
Mrs C Lovatt
c.lovatt@wymcol.org

We look forward to welcoming you to the Sociology A-Level course at Wymondham College.
If you would like to do some reading over the summer holidays in preparation for the course, we recommend the following:

- Online resources:**
- ♦ The Hectic Teacher
 - ♦ Revise Sociology
 - ♦ tutor2u
 - ♦ AQA Sociology

- Reading List:**
- ♦ Chavs, O Jones
 - ♦ Why Women are Poorer than Men, A Williams
 - ♦ The Presentation of Self in

A-Level Sociology

Everyday Life, E Goffman
♦ Distinction, P Bourdieu
♦ The Second Sex, S De Beauvoir

Textbooks:
♦ AQA A Level Sociology Book One, R Webb
♦ AQA A Level Sociology Book Two, R Webb
♦ My Revision Notes AQA A-Level Sociology

Director of Sport:
Mr A Marks
a.marks@wymcol.org

We look forward to welcoming you on the Sport and Physical Education A-Level course at Wymondham College.

For a detailed account of the course and its contents go to:
<https://www.aqa.org.uk/subjects/physical-education/as-and-a-level/physical-education-7582>
Here you can download a copy of the specification.

You may wish to access an online AQA A-Level PE (Year 1 and Year 2) Student eTextbook is available from:
<https://www.hoddereducation.co.uk/subjects/sport-pe/products/16-18/aqa-a-level-pe-year-1-and-year-2-student-etextbook>

1-year access for £10 - and 2-year access for £16
The course is delivered in 3 areas, below are some links and suggested reading for each area.

Section A: Applied anatomy and physiology:
<https://quizlet.com/84214992/aqa-a-level-physical-education-anatomy-physiology-flash-cards/>

♦ Exploring the Heart:
<https://www.youtube.com/watch?v=s5iCoCaofc>
<https://www.youtube.com/watch?v=qqU-VjqicZE>
<https://www.youtube.com/watch?v=RYZ4daFwMa8>

♦ Respiratory System:
<https://www.youtube.com/>



[watch?v=mZvzl8KH6il](https://www.youtube.com/watch?v=mZvzl8KH6il)
<https://www.youtube.com/watch?v=BYGPkRFvzOc>

♦ Muscular System:
<https://www.youtube.com/watch?v=hY2fa6Q98-k>
<https://www.youtube.com/watch?v=ecwrf5GIG4k>

♦ Skeletal System:
<https://www.youtube.com/watch?v=WdCRrfan44>

♦ Movement Analysis:
<https://www.youtube.com/watch?v=pQUMJ6Gh9Bw>
<https://www.youtube.com/watch?v=sqtE9GILBJs>
https://www.youtube.com/watch?v=gxxy7AP_eGQ

♦ Fitness:
<https://www.teachpe.com/anatomy-physiology/energy-systems>

♦ Faster, Higher, Stronger KJT:
<https://www.youtube.com/>

A-Level Sports and Physical Education

[watch?v=wmqMs329Dcc&safe=active](https://www.youtube.com/watch?v=wmqMs329Dcc&safe=active)

Section B: Skill acquisition:
Read: The Inner Game of Tennis by Timothy Gallway
<https://www.teachpe.com/sports-psychology/skill-acquisition>
<https://quizlet.com/393470610/aqa-a-level-pe-skill-acquisition-flash-cards/>

Section C: Sport and society:
♦ Netflix: The English Game
♦ Stop at Nothing- The Lance Armstrong Documentary
<https://www.youtube.com/watch?v=tpb-VBNoEC0&safe=active>
♦ Cristiano Ronaldo - Tested to the Limit
<https://youtu.be/VwBPqSWPjeg?si=zA3OFRcmHXa6sdpH>
<https://quizlet.com/gb/178756247/aqa-a-level-pe-sport-and-society-revision-flash-cards/#>



Director of Sport:
Mr A Marks
a.marks@wymcol.org

We look forward to welcoming you on the Pearson BTEC Level 3 National Extended Diploma in Sport at Wymondham College.

For a detailed account of the course and its contents go to:

<chrome-extension://efaidn-bmnnnibpcajpcglclefindmkaj/https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/btec-l3-national-ext-dip-in-sport-spec.pdf>

Here you can download a copy of the specification.

You may wish to access an online B-Tech National Sport Student Book (Year 1 and Year 2) Student eTextbook is available from BTEC Nationals | Sport (2016) | Pearson qualifications

The course is delivered across 14 different areas, below are some links and suggested reading for sample areas of the course

Unit 1: Anatomy and physiology:

♦ Cardiovascular System:
<https://www.youtube.com/watch?v=s5iCoCaofc>

<https://www.youtube.com/watch?v=qqU-VjqicZE>

<https://www.youtube.com/watch?v=RYZ4daFwMa8>

♦ Respiratory System:
<https://www.youtube.com/watch?v=mZvzl8KH6il>

<https://www.youtube.com/watch?v=BYGPkRFvzOc>

♦ Muscular System:
<https://www.youtube.com/watch?v=mZvzl8KH6il>

<https://www.youtube.com/watch?v=ecwrf5GIG4k>

Elite Sports and Physical Education BTEC

♦ Skeletal System:
<https://www.youtube.com/watch?v=WdCRrfan44>

♦ Movement Analysis:
<https://www.youtube.com/watch?v=pQUMJ6Gh9Bw>

[Shapehttps://www.youtube.com/watch?v=sqtE9GILBJs](https://www.youtube.com/watch?v=sqtE9GILBJs)

https://www.youtube.com/watch?v=gxxy7AP_eGQ

♦ Fitness:
<https://www.teachpe.com/anatomy-physiology/energy-systems>

♦ Faster, Higher, Stronger KJT:
<https://www.youtube.com/watch?v=wmqMs329Dcc&safe=active>

Unit 6- Application of Fitness Testing:

♦ Cristiano Ronaldo- Tested to the Limit
<https://youtu.be/VwBPqSWPjeg?si=zA3OFRcmHXa6sdpH>



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