

### PE/GAMES CURRICULUM AND ASSESSMENT OVERVIEW Y7-9

PE/Games CURRICULUM AND ASSESSMENT OVERVIEW YEAR 7						
Year 7	Autumn Term		Spring Term		Summer Term	
Boys PE	Swimming	Gymnastics	Fundamentals	Table Tennis	Athletics	Tennis
Boys Games	Rugby		Football and Cross Country		Cricket and Athletics	
Interhouse Competitions	Rugby and Swimming		Football and Cross Country		Cricket and Athletics (Sports Day)	
Girls PE	Fitness	Badminton	Swimming	Gymnastics	Tennis	Athletics
Girls Games	Hockey and Cross Country		Netball		Cricket/Rounders and Athletics	
Interhouse Competitions	Hockey and Cross Country		Netball and Swimming		Cricket/Rounders and Athletics (Sports Day)	
Progress Review	Year 7 AP1 December 2025		Year 7 AP2 March 2026			

PE/Games CURRICULUM AND ASSESSMENT OVERVIEW YEAR 8						
Year 8	Autumn Term		Spring Term		Summer Term	
Boys PE	Swimming	Gymnastics	Badminton	Table Tennis	Athletics	Tennis
Boys Games	Rugby		Football and Cross Country		Cricket and Athletics	
Interhouse Competitions	Rugby and Swimming		Football and Cross Country		Cricket and Athletics (Sports Day)	
Girls PE	Badminton	Fitness	Swimming	Gymnastics/Sports Acro	Tennis	Athletics
Girls Games	Hockey and Cross Country		Netball		Cricket/Rounders and Athletics	
Interhouse Competitions	Hockey and Cross Country		Netball and Swimming		Cricket/Rounders and Athletics (Sports Day)	
Progress Review	Year 8 AP1 November 2025		Year 8 AP2 May 2026			

**PE/Games CURRICULUM AND ASSESSMENT OVERVIEW YEAR 9**

Year 9	Autumn Term		Spring Term		Summer Term	
Boys PE	Personal Survival	Fitness	Basketball	Table Tennis	Athletics	Tennis
Boys Games	Rugby		Football and Cross Country		Cricket and Athletics	
Interhouse	Rugby and Swimming		Football and Cross Country		Cricket and Athletics (Sports Day)	
Girls PE	Basketball	Table Tennis	Swimming- Personal Survival	Fitness/Dance	Tennis	Athletics
Girls Games	Hockey, Football and Cross Country		Netball		Cricket/Rounders	
Interhouse	Hockey, Football and Cross Country		Netball and Swimming		Cricket/Rounders and Athletics (Sports Day)	
Progress Review	Year 9 AP1 January 2026			Year 9 AP2 June 2026		

**CURRICULUM AND ASSESSMENT OVERVIEW YEAR 9 GCSE PE**

Year 9	Autumn Term		Spring Term		Summer Term	
Theoretical Content	Musculo-Skeletal System	Body Systems and Effects of Exercise	Components of Fitness/Fitness Testing	Methods and Principles of Training	Health and Fitness	Injury Prevention and Training Thresholds
Practical Lessons	Swimming	Badminton	Table Tennis	Hockey	Athletics	Tennis
Summative Assessment	Half Termly Test	Half Termly Test	Half Termly Test	Half Termly Test	Half Termly Test	Half Termly Test
Interhouse	Rugby and Swimming		Football and Cross Country		Cricket and Athletics (Sports Day)	
Girls PE	Badminton	Fitness	Swimming	Fitness	Tennis	Athletics
Girls Games	Hockey and Cross Country		Netball		Cricket/Rounders and Athletics	
Interhouse	Hockey and Cross Country		Netball/Football and Swimming		Cricket/Rounders and Athletics (Sports Day)	
Progress Review	Year 9 AP1 January 2026			Year 9 AP2 June 2026		